

## Cobden Farm: B&B

Case Study Year: 2011

### Business Details



#### Cobden Farm

Sabden

Near Clitheroe

Lancashire

BB7 9ED

01282 776 285

[www.cobdenfarm.co.uk](http://www.cobdenfarm.co.uk)



### Business Description



Cobden Farm is a working family farm, on the hillside overlooking the beautiful Sabden Valley and Pendle Hill. Cobden Farm 4 Star bed and breakfast is an ideal get away for visitors or business people but still handy for all road, rail and air routes. A warm welcome awaits you along with a home cooked breakfast with an extensive menu using local produce. For those who enjoy the outdoors there is a wonderful network of paths from the door and some great cycling opportunities.

### Green Statement

“We want our countryside to stay beautiful, which is why we joined the Green Tourism Business Scheme. We received a Gold Award in recognition of our commitment to wildlife conservation and sustainable tourism. We aim to provide a good quality service, with minimum impact on our environment. We have created valuable habitats for wildlife through native tree planting in our woodland and in areas of our fields.”

### What's Green about Cobden Farm:

Cobden Farm is an excellent example of how a small tourism business can be managed in a sustainable way. They encourage their guests to take an interest in local wildlife by asking them to make a note of what they have seen and they also record wildlife activity on their blog. Recycling is a way of life, for example four old dustbins that friends were throwing out and that would have ended up in landfill are now under drain pipes around the farmhouse and greenhouse to collect rainwater, which is used to water flowers and other plants during dry spells. They also promote many wonderful car free opportunities in the area.

## Actions



- The insulation throughout the site has been increased to 200mm, reducing the amount of heat lost from the business
- Introduction of a-rated appliances, including an a-rated condensing oil boiler
- UV filter installed to treat water supply, so no need for chemicals such as chlorine to be used
- Utilise microfibre cloths and environmentally friendly cleaning products throughout - for laundry, in the kitchen, bathrooms and other rooms
- All kitchen and garden waste is composted
- 'Rescue' old window frames, doors, or any abandoned wood that would otherwise go into skips. The scrap wood becomes fuel for the woodburner, which heats water during the day, and warms the main living area and breakfast conservatory
- Old dustbins have been re-used to collect rainwater, which is used to water flowers and other plants during dry spells
- Encourage walking and cycling by guests and have created a walk with the Forest of Bowland AONB to link their business with another GTBS accredited business along the valley
- Encourage wildlife around their farm through sensitive planting and bird feeders and promote it to visitors through a nature diary

## Impact



### Economic

- Energy and water saving measures such as introduction of energy saving light bulbs and a-rated appliances will in turn provide cost savings to the business
- Forestry Commission provides financial rewards for native tree planting on a farm



### Environmental

- Recycling and re-using in all aspects of the business, resulting in significantly less waste going to landfill
- Encouraging walking, cycling and other outdoor activities in the local area reduces the use of the car and carbon emissions
- Woodland tree planting schemes improve the local environment and encourage wildlife corridors



### Social

- Local economy supported by providing details of local produce, farmers' markets, restaurants and other outlets and also utilising these products and services

## Links



Forestry Commission  
Energy Saving Trust  
Forest of Bowland AONB  
Lancashire Green Tourism project  
Lancashire Wildlife  
RSPB  
Sustainable Tourism Business Network

[www.forestry.gov.uk](http://www.forestry.gov.uk)  
[www.energysavingtrust.org.uk](http://www.energysavingtrust.org.uk)  
[www.forestofbowland.com](http://www.forestofbowland.com)  
[www.lancashiregreentourism.com](http://www.lancashiregreentourism.com)  
[www.lancashirewildlife.org.uk](http://www.lancashirewildlife.org.uk)  
[www.rspb.org.uk](http://www.rspb.org.uk)  
[www.bowlandexperience.com](http://www.bowlandexperience.com)

## Contact



If you want to find out more about the Lancashire Green Tourism Project or the Green Tourism Business Scheme contact [hetty.byrne@lancashire.gov.uk](mailto:hetty.byrne@lancashire.gov.uk)

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